



PROGRESS REPORT
(Jan-Aug 2019)

Helping Hand Project
Cycle 4



Report by Dr. ENG Samnang
CFS Director
21st Oct, 2019



BACKGROUND:

Cambodia Family support (CFS) is working to help rural poor in Northwest part of Battambang province. In 2015 the Helping Hand Project was started as a fund-raising event for CFS by Rotarian Emma Cork and work colleagues at Macquarie. The project has been well supported by the Rotary Club of Perth. Rotarians Vincent and Helen Keane have been involved with CFS for many years.



Poor people, Photo taken by CFS-staff

Rotarian Mike Gurry and his wife Corrine first visited Cambodia Family Support in 2010. He helped to set up the Animal Bank project. Since then Mike has also been a generous promoter of CFS.



Pictures of our friends visit CFS

We have had many visitors from Australia. They had seen the reality of rural people lives. During visit our friends had the chance to see the works of the CFS to help rural poor. Their lives need to be improved not just only generate income but also knowledge and practice regarding water, sanitation and hygiene as well.



Photo by CFS 2019 at rural CFS site works

Later, in 2015, Our friends in Australia raised funds to allow Cambodia Family Support (CFS) started Helping Hand Project (HHP). HHP was funded and implemented annually for 4 years. The project implemented between six to eight months of each cycle. It is the fourth and final consecutive supported this year (2019).

Helping hand project is an idea of helping rural poor. The project implementation is aimed at enabling rural poor to help themselves through established village groups for helping each other, which is called "Self Help Group".

HHP project is not a stand-alone project. It is integrated with other CFS activities, with Livelihood program of the CFS for generated income of rural poor program. HHP funds mostly focused on improving rural water, sanitation and hygiene since it is serious issues to be addressed.



CFS photo

Since their basic needs are not fulfilled, therefore, family sanitation might not be a priority. Most of Cambodian sickness, particular under five children morbidity and mortality were mainly caused by poor access to clean water and waterborne illness (CDHS-reported 2015), that is another reason for HHP focused on “Improving rural water, sanitation and hygiene”

Summary Results:

Within the reporting period from Jan-Aug 2019, 143 families were formed in 7 new self help groups. Each group has between 14 families to 28 families participated and committed together to help each other.

Results

A	Water, sanitation and hygien	RM	KR	PL	Total
A1	Disseminate information and SHG establishment	2	2	3	7
A2	Latrines	35	38	60	133
A3	Family water jugs	41	7	55	103
A4	Water filters	0	0	50	50
A5	School toilets	0	0	0	0
A6	School hand washing	1	0	1	2
B	Family income generation	0	0	0	0
B1	Purchase Heifers 500*5 heifers	4	5	2	11

RM: is standing for Rattanak Mondul district

KR: is standing for Kamrieng district

PL: is standing for Pailin province,

Reported Results:

As above mention, Helping Hand Project (HHP) is a project committed to improve, water sanitation and hygiene, And improve understanding of local people on consequence of access to unclean water, sanitation and hygiene,

Family and community sanitation:

As result, more than 70% of families in Self help group (SHG) who participated with HHP project were recently evaluated improved their household environment,

As seen as an Example below:



Unclean household has changed as another picture below



Household sanitation committed by HHP project



Our rural poor helping each other to clean their community



Rural people change their harmful practice to live with clean household environment

Results of building latrines:

With supported by HHP funding project, From Jan to Aug 2019, there are 133 private latrines were completely built with participation of helping each other among self help group members. Amount those, there are 35 private toilet built in Rattanak Mondul, 38 in Kamrieng and another 60 in Pailin.



CFS assess the place where they should build their latrine



Self help group member helped each other to build their latrines

As usual practices, CFS staff has assessed the place where latrines should be build according to Ministry of rural development advised.

Members of SHG helped each other to build their latrines, they moves from one family to another,



They help each other



CFS teaches community children how to properly use their latrines

Water filters provision:

It is to report that, from Jan-Aug 2019, there are 50 water filters were provision to families in Pailin. Each of family has received one. It is to remark that filter is able to replace, they used their monies save to deal with (replace filters) the replacement which is affordable.





Director of CFS gave a water filter a landmine survivor who is in SHG

Water jars provision:

It is to report that, from Jan-Aug 2019, there are 103 water jars (41 water filters were given to families in Rattanak Mondul, 7 water filters were given to families in Kamrieng and another 55 were provision families in Pailin self help group. Each of family has received one.



Water jar is given family



Jar installed for the poor who is in SHG, before and after



Jar installed for the poor who is in SHG, before and after

School handwashing:

It is to report that there are two school handwashing were completely built during the reporting period, a handwashing was built in Rattanak Mondul and another was build in Pailin.



Visited location before building



CFS visited the process of building





Handwashing built at Rattanak Mondul,



Process of Building



Water storage for handwashing



Handwashing completely built and used by school children

Livelihood generation:

Used to people in target of CFS operation is so poor, therefore, the project implementation of water sanitation and hygiene associated with improving livelihood income were suggested by our poor, therefore, HHP in this cycle has shared some cost to buy some calves. Raising calves in CFS is the most popular in term of generated income. It is to report that from Jan-Aug 2019, there are 11 calves were bought and already provided to Self help group members. It is expecting that raising calves will be able to pass on form one family to another. As CFS experienced, According to the record, it is reported that

- Rattanak Mondul, up to reporting time among 82 calved bought previous years or were given to raise by poor families recorded 109 calves has passing on to another families.
- Kamrieng district, up to reporting time among 75 calved bought previous years or were given to raise by poor families recorded 92 calves has passed on to another families.
- Pailin had started raising calves in 2017, there are 20 calves in Pailin were 8 passed on from Kamrieng and Rattanak Mondul and another 12 were bought this year.

Rattanak Mondul:

Calves	2012	2013	2014	2015	2016	2017	2018	2019	Total
Calves bought by years	16	19	12	2	11	14	5	4	83
Passed on by years	0	1	5	18	19	27	20	19	109
Complete passed on									37
Current giving birth									38
Currently pregnant									74
Currently calves raising	16	20	17	20	30	41	25	23	155

Kamrieng:

Calves	2012	2013	2014	2015	2016	2017	2018	2019	Total
Calves bought by years	7	25	13	4	0	15	6	5	75
Passed on by years	0	1	7	15	18	16	19	16	92
Complete passed on									30
Current giving birth									71
Currently pregnant									60
Currently calves raising	7	26	20	19	18	31	25	21	137

Pailin:

Calves	2012	2013	2014	2015	2016	2017	2018	2019	Total
Calves bought by years	0	0	0	0	0	3	7	2	12
Passed on by years	0	0	0	0	0	2	2	4	8
Complete passed on									0
Current giving birth									9
Currently pregnant									4
Currently calves raising	0	0	0	0	0	5	9	6	20





Calves ear tagged before giving to families

CFS staff and as well as our poor in Battambang and Pailin province, we would like to extend our deeply thanks to all of you for very generous to us. We acknowledge that this programmes would have not been achieving like that without you,

Please accept our thanks and regards,

Dr. Samnang

Director of CFS,
